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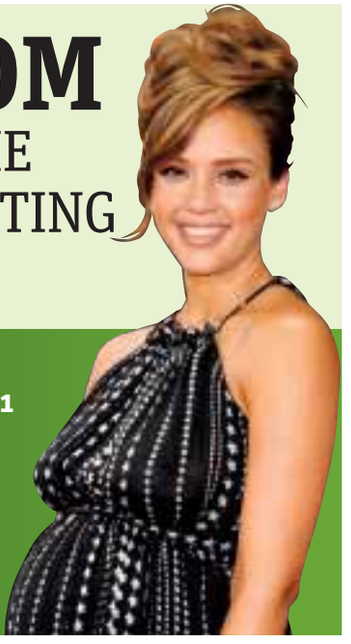
CANADIAN CROWN
ROGERS CUP WAS THE VICTORY SERENA REALLY WANTED {page 14}

SUPERMOM
ALBA'S SAVING THE WORLD AND AWAITING DIAPER DUTY {page 10}



LONDON metro®
Monday, August 15, 2011
www.metronews.ca
News worth sharing.

Gangway! Matie

▶ John (Doc) Lennox of Jackson, Mich., left, and Brian Brockenshire of London show off their moves during a pirate-themed workshop yesterday at the Palace Theatre, 710 Dundas St. E. Story, page 2.

ANGELA MULLINS/METRO

A pirate's lesson in swashbuckling

Porn pitch censored

▶ Only small part of presentation available for public to read ▶ Full copies by request

A group asking for changes to porn policies has taken matters into its own hands after being censored by the city.

Megan Walker, executive director of the London Abused Women's Centre, posted a copy of her porn presentation on the centre's website this weekend after the city clerk's office deemed it too explicit for the community and neighbourhoods committee's agenda packet.

The clerk's office edited the six-page presentation to one page.

"What they've done is denied the community of London access to our information," Walker said yesterday. "That is really upsetting."

Walker, along with Stop Porn Culture and Men Against Sexual Trafficking, will ask councillors to prohibit boards, commissions and departments that receive city funding from leasing space to porn-industry-sponsored events.

The groups also want pornography filters added to all London Public Library computers.

To show what pornography is all about, the groups are planning a no-nonsense presentation that includes examples of "gonzo porn." The presentation calls gonzo the fastest-growing porn genre and says it teaches "a man that sex means using and penetrating a woman's body however he likes."

Walker and the others will be allowed to make the full presentation as planned. But even that is a toned-down version of what they had hoped to show. A draft presentation sent to city staff some time ago wasn't acceptable, Walker said.

Coun. Harold Usher, chairman of the committee, called the group's recommendation "very reasonable." He said he'll be listening with open ears, but supports not including all six pages on the agenda. "It's very hard to swallow some of that stuff," he said. "I do believe that most people would agree with that." ● ANGELA MULLINS

Council chambers

- The presentation is at 4:30 p.m. at city hall, 300 Dufferin Ave.
- For more info visit lawc.on.ca

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1 news

"Rock Snot" becomes a global invasive species after spreading from Canada to congest rivers worldwide. Scan code for story.

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3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca

Anxious investors hope for a break from recent turbulence on the stock markets. Video at metronews.ca

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Police await autopsy of man found dead Friday

An autopsy was set to be completed yesterday on the body of a man who was found dead Friday night in an east London home.

Police have released few details surrounding the circumstances of the 31-year-old man's death.

Investigators were called out along with EMS to the Railton Avenue home around 9 p.m. on Friday. The man was suffering from undisclosed injuries, and was pronounced dead on the scene. London Const. Ricardo Juliao told AM980 police are still investigating the possibility of foul play.

Neighbours say a Vietnamese couple live at the home, along with their 31-year-old son, who has Down syndrome. Those reports have not been confirmed. **AM980/AM980.CA**

Number of new jobs expected to top 300

Mayor Joe Fontana's roundtable on jobs in London delivered some good news: Jobs in London.

At the Friday meeting, Peter White, president of the London Economic Development Corp., and ExpressPlus, a logistics and custom-broker business from Toronto, announced new jobs for the Forest City. The total number of new jobs is expected to be more than 300. **METRO**

Aussie. Adventures

▶ Damien Gallagher, 40, and his son Lachlan, 11, both of London, take a spill yesterday during a three-legged race at the Sausage Sizzle in Springbank Park.

ANGELA MULLINS/METRO

Sausage Sizzle, Down Under style

The Sausage Sizzle was organized by the Aussies & Kiwis Living in London and was full of tastes from the Down Under, including bags of lollies and Vegemite (a concentrated yeast extract) sandwiches. Sausage sizzles, the equivalent of North American barbecues, are popular fundraisers in Australia and New Zealand. Profits were donated to the London Food Bank.

Ahoy! Learning the ropes of a pirate's life

Participants learn how to use knives, tomahawks and swords

ANGELA MULLINS
@METRONEWS.CA

They're gritty. They're raw. And, oh yeah, there's all that rum.

Simply put: Pirates "can get away with anything."

And that's one of the things that makes learning how to swashbuckle exciting, said Ceris Thomas, who owns Shrew'd Business with her husband Brian (Brock) Brockenshire.

"Every year at Halloween, you'll always see a ghost, a witch … and a pirate," said Thomas. "Pirates never really went out of fashion.… There's something about pirates that's just romanticized."

Shrew'd Business, based in London, teamed up with the Palace Theatre this weekend for a two-day workshop that taught about 20 people the ins and outs of being a pirate. The workshop was led by John (Doc) Lennox of Jackson, Mich., who has more than 25 years training in swordplay and is an expert in combat arts.

While pirate life is often the source of jokes, there were very few "arrrghs," "ahoys," or "maties" being tossed around yesterday afternoon on the Palace stage.

Many of the workshop participants performed last year in the London Community Players' production of The Three Musketeers and may be auditioning soon for Treasure Island, set to debut at the Palace in February. So, for them, the workshop was serious business.

That said, there's no doubt pirating can be fun.

ANGELA MULLINS/METRO

▶ John (Doc) Lennox

"It's complete and utter freedom," said workshop participant Kate Harter of London. "It's such a foreign world to us, to get to play in it is a really cool thing."

News in brief

Canada's next top ballpark

The next round of voting in Canada's Favourite Ballpark contest on Baseball Canada's website (baseball.ca) opens at noon. Our Labatt Park is up against Stade Fernand-Bédard from Trois-Rivières, Que., in the semifinals. Voting concludes Aug. 22 at 10 a.m. **METRO**

Woman arrested at grow-op

Police arrested a 60-year-old woman at a grow-op in London on Friday. Officers found 39 marijuana plants, 33 grams of methamphetamine, drug paraphernalia and $4,800 in cash at a residence on Queens Place. Thi Phan is charged with several trafficking-related charges. **THE CANADIAN PRESS**

House party leads to stabbing

A 19-year-old London man faces charges after a stabbing that happened after he was thrown out of a party on Fleming Drive. Around 3:30 a.m. Saturday, the accused and a 20-year-old victim got into an argument, resulting in the accused being escorted outside. He then allegedly threw a beer bottle at the victim and the owner of the residence. They chased the accused and a fight broke out. **METRO**

Suspect assaults delivery man

Police are looking for a young man after a pizza delivery man was beat up and robbed. The pizza was being delivered to a home on Marconi Boulevard just after 2:30 on Saturday morning. The delivery man was approached by a suspect demanding money. When he told the suspect he didn't have any, the suspect hit him in the head with a pipe, stole the pizza and took off. **AM980/AM980.CA**

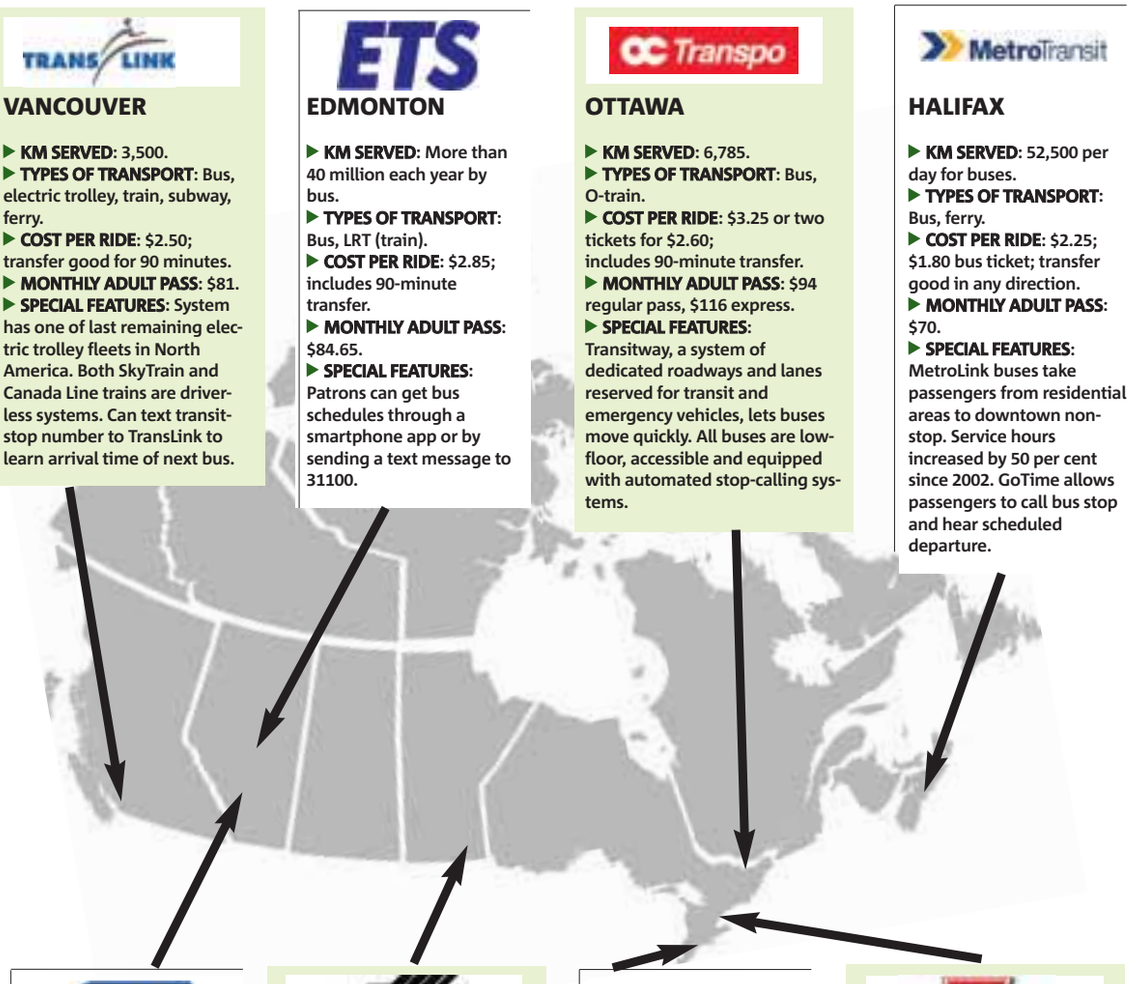
Grits to help grads if elected

A re-elected Liberal government would give Ontario college and university graduates a little help with their debt loads if they take their first job in the non-profit sector, Premier Dalton McGuinty promised Saturday. **THE CANADIAN PRESS**

TRANSIT IN THE CITY

Compare and contrast

Do you think your city has the steepest bus fare in the country? Or that there aren't enough buses during rush hour? For the next three days, Metro will be analyzing the transit systems in eight cities across the country and catching up with commuters to find out what grinds their gears — and what they love — about transit in their city



VANCOUVER

- **KM SERVED:** 3,500.
- **TYPES OF TRANSPORT:** Bus, electric trolley, train, subway, ferry.
- **COST PER RIDE:** $2.50; transfer good for 90 minutes.
- **MONTHLY ADULT PASS:** $81.
- **SPECIAL FEATURES:** System has one of last remaining electric trolley fleets in North America. Both SkyTrain and Canada Line trains are driverless systems. Can text transit-stop number to TransLink to learn arrival time of next bus.

EDMONTON

- **KM SERVED:** More than 40 million each year by bus.
- **TYPES OF TRANSPORT:** Bus, LRT (train).
- **COST PER RIDE:** $2.85; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $84.65.
- **SPECIAL FEATURES:** Patrons can get bus schedules through a smartphone app or by sending a text message to 31100.

OTTAWA

- **KM SERVED:** 6,785.
- **TYPES OF TRANSPORT:** Bus, O-train.
- **COST PER RIDE:** $3.25 or two tickets for $2.60; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $94 regular pass, $116 express.
- **SPECIAL FEATURES:** Transitway, a system of dedicated roadways and lanes reserved for transit and emergency vehicles, lets buses move quickly. All buses are low-floor, accessible and equipped with automated stop-calling systems.

HALIFAX

- **KM SERVED:** 52,500 per day for buses.
- **TYPES OF TRANSPORT:** Bus, ferry.
- **COST PER RIDE:** $2.25; $1.80 bus ticket; transfer good in any direction.
- **MONTHLY ADULT PASS:** $70.
- **SPECIAL FEATURES:** MetroLink buses take passengers from residential areas to downtown non-stop. Service hours increased by 50 per cent since 2002. GoTime allows passengers to call bus stop and hear scheduled departure.

CALGARY

- **KM SERVED:** 848 sq. km.
- **TYPES OF TRANSPORT:** Bus, C-Train.
- **COST PER RIDE:** $2.75.
- **MONTHLY ADULT PASS:** $90.
- **SPECIAL FEATURES:** C-Trains powered by wind-generated electricity through the Ride the Wind program. Since 2001, the C-Trains have been 100 per cent emission-free.

WINNIPEG

- **DAILY PASSENGER TRIPS:** 110,000.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** $2.40 cash or $2.10 bus ticket.
- **MONTHLY ADULT PASS:** $75.35.
- **SPECIAL FEATURES:** Free downtown spirit bus, free transit rides before and after Blue Bomber games, school charters.

LONDON

- **KM SERVED:** 11.6 million projected for all of 2011.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** $2.75 cash or $1.90 with ticket; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $81.
- **SPECIAL FEATURES:** Tuition passes for students, park-and-ride pass for $50. London Transit buses are available on a charter basis for conferences and events.

TORONTO

- **KM SERVED:** 215,631.
- **TYPES OF TRANSPORT:** Bus, streetcar, subway, train.
- **COST PER RIDE:** $3 per ride; transfer good in one direction only.
- **MONTHLY ADULT PASS:** $121.
- **SPECIAL FEATURES:** Hybrid buses make up close to 40 per cent of fleet. Bus drivers will drop female passengers off anywhere along route from 9 p.m. to 5 a.m. More than 97 per cent of bus fleet has bike racks. Can text stop number to learn arrival of next bus.

Plan for success

Can public transit compete with the speed and convenience of personal vehicles? That's the goal of the London Transit Commission's Long Term Transit Growth Plan.

"We are trying to develop and be competitive with the travel time of the automobile to attract new riders," said John Ford, LTC's director of transportation and planning.

The growth plan calls for a ridership increase of about 35 per cent by 2024, as well as the establishment of a Bus Rapid Transit (BRT) platform. BRT is a transit service faster than the traditional bus, and may include signal priority or specialized lanes. Also, high-occupancy-vehicle lanes would thin out traffic in other lanes.

"This allows transit to move quicker and therefore provide a higher level of service," Ford said, adding that Londoners will not see new lanes being constructed on city streets overnight. "It's a progressive thing. We won't implement a bus-only lane first; we would implement other aspects first, and then things would evolve over time."

The LTC has been implementing other service enhancements to improve the transit experience. Surveillance cameras continue to be installed to increase safety, and real-time information signs have been installed at some stops to provide riders with updates on the status of their bus.

Also, seating configurations are modified as buses are replaced to increase rider comfort and usability.

Ford said transit plans are not yet final, and that key corridor areas are being examined first. These areas are identified on the City of London's website and include Richmond, Oxford and Dundas streets, as well as Wellington Road.

DAWN LYONS

Your take ...

RATE YOUR SYSTEM

Check out our online poll and rate your city's transit system. Visit metronews.ca. Poll results will be printed in tomorrow's edition.

BUILD YOUR IDEAL SYSTEM

If you had the power to change your city's transit system, what would you do? Create 24-hour service? Put debit machines on buses? Email us at londonletters@metronews.ca or send us a message on Twitter. The best answers will be printed in Wednesday's edition. METRO

Coming up next

Grab a copy of Metro tomorrow, when we look at transit riders' praises and pet peeves.

Britain's gangs look to U.S. for inspiration

Street gangs copy actions, style of American rappers, on-screen gangsters

The Burger Bar Boys. The Cash or Slash Money Crew. The Bang Bang Gang. These names might sound straight out of a dime-store novel, but they're real-life Birmingham gangs — underground armies that spearheaded England's worst riots in a generation.

As Britain comes to grips with the causes of the past week's descent into anarchy, Prime Minister David Cameron has identified the growth of gangs as a key factor and is recruiting high-profile American anti-gang experts to help bring them to heel.

While senior British police officers openly resent that move, analysts of gang culture say it seems logical to seek American assistance, because today's British gangs consciously ape American gang ambitions and style, from the bling to the lingo.

They talk in a street patois shaped by U.S. rap lyrics, use noms de guerre lifted straight from American gangster films and crime dramas, and choose such icons as Don Corleone, Al Pacino's Scarface or Baltimore ganglord Stringer Bell of The Wire TV series as their avatars on social-networking sites.

British law enforcement authorities admit that, until only a few years ago, they sought to minimize the scale and violent potential of their homegrown gangs. They promoted their preferred label of "delinquent youth groups" and billed full-blooded street gangs as an American phenomenon.

In the wake of the August riots — when gangs used text-messaging to deploy break-in artists to breach steel-shuttered shops — politicians now use the G word pointedly.

"Territorial, hierarchical and incredibly violent, the gangs are mostly composed of young boys, mainly from dysfunctional homes," Cameron told the House of Commons in an emergency debate on the riots. "They earn money through crime, particularly drugs, and are bound together by an imposed loyalty to an authoritarian gang leader. They have blighted life on their estates, with gang-on-gang murders and unprovoked attacks on police."

DAVID JONES/THE ASSOCIATED PRESS

▶ In this Aug. 9 photo, youths run from an electronics store in Birmingham, England, as disturbances saw looting and vehicles set alight.

"These teenage gangsters are creating their own criminal worlds, and in their minds it's very much an Americanized world. When they talk about the police, it's 'the Feds,' or 'The 5-0,' as in Hawaii 5-0."
CARL FELLSTROM, AN EXPERT ON ENGLAND'S GANGS

Already this year in the city of London, eight teenagers have been stabbed to death. One wouldn't hand over his cellphone. Another was stopping a bicycle-borne gang from chasing his younger brother.

Britain's federal government has just recruited the Los Angeles Police Department's former commander, William Bratton, to be his adviser on anti-gang tactics across the country.

THE ASSOCIATED PRESS

Hundreds march for equality, gay rights in Nepal

Gay, lesbian and transgender people marched with supporters in a southern Nepal town yesterday to demand equal rights under a new constitution the country is in the process of writing.

The estimated 500 demonstrators danced, chanted slogans and marched around Narayanghat, a town about 160 kilometres south of the capital of Kathmandu yesterday, which is also Nepal's traditional festival of Gaijatra honouring the dead.

Gay-rights activists and parliament member Sunil Pant said their main aim was to spread their campaign outside the capital city.

In the town of Narayanghat, the rally was led by two decorated elephants, which were followed by musical bands drawing the local people to the streets.

Nepal, a traditionally conservative, mostly Hindu nation, has only recently begun accepting homosexuality.

The country is also in the process of writing a new constitution, which could include provisions to guarantee rights for the sexual minorities.

Pant said the major political parties have agreed to include the rights of the sexual minorities in the new constitution.

However, the new constitution, which was due to be promulgated last year, has been delayed following differences among the political parties on various other issues.

THE ASSOCIATED PRESS

NIRANJAN SHRESTHA/THE ASSOCIATED PRESS

▶ Gay-rights advocates ride on elephants as part of a city-wide protest in Nepal.

Out and proud

- Parliament member Sunil Pant said more people are coming out in the open to declare their sexual orientation in urban areas, but people in rural villages are still afraid.
- According to sexual-rights advocates, transvestites were discriminated against and beaten by both the public and police.

Man gored to death by bull

A killer bull has claimed another victim after fatally goring a 29-year-old man during festivities in Spain's eastern Valencia region, an official said yesterday.

The man, whose name was not released, died at a hospital in the town of Xativa late Saturday, a regional government official said. The official spoke on condition of anonymity and said an investigation into the goring had been opened.

THE ASSOCIATED PRESS

Rollercoaster kills teen

Brazilian police say a part from a roller-coaster came loose at an amusement park outside Rio de Janeiro, striking and killing a teenager.

Police have identified the victim as 17-year-old Alessandra Aguiar, who was waiting in line to buy tickets when a part came loose and hit her.

Investigators in the western suburb of Recreio dos Bandeirantes say 10 other people were injured in the Saturday incident.

THE ASSOCIATED PRESS

Winnipeg man charged in wife's suicide

A 44-year-old Winnipeg man faces criminal negligence charges in connection to his wife's apparent suicide by drug overdose.

According to police, the 55-year-old wife made threats to harm herself in his presence. Police said investigators also learned there was a delay in the time he called 911 to report what happened.

JAMES TURNER IN WINNIPEG

Tories warn asbestos widow over logo

- Canada faces rising criticism over its asbestos exports
- Tories insist material is safe when handled properly

The federal Conservative party has sent a threatening email to the widow of an asbestos victim in the latest chapter of Canada's debate over the hazardous mineral.

A top Tory official is warning the woman to stop using the party logo in an online ad campaign against the controversial industry — a campaign she started after her husband died of an asbestos-related cancer.

Michaela Keyserlingk, whose husband Robert died in 2009 of mesothelioma, has been running an online banner since the spring that reads, "Canada is the only western country that still exports deadly asbestos!"

Conservative party executive director Dan Hilton warned Keyserlingk to stop using the Tory symbol immediately. "Failure to do so may result in further action," Hilton wrote in a July 29 email which carried the subject title, Unauthorized use of trademark. The email, which The Canadian Press obtained from Keyserlingk, went on to advise her: "Please govern yourself accordingly."

The exchange comes as Canada faces intensifying international criticism over its asbestos exports and the Quebec government mulls whether to help revive one of the country's last-remaining mines — a decision that could come as early as today.

THE CANADIAN PRESS

GRAHAM HUGHES/THE CANADIAN PRESS

"I have no permission to use (the logo) and (the Conservatives) have a legitimate argument against me.... But on a human level they have no legitimacy whatsoever."

MICHAELA KEYSERLINGK

Celebration. Of love

▶ A performer dances with a spectator during the annual gay pride parade in Montreal yesterday.

GRAHAM HUGHES/THE CANADIAN PRESS

Taking Pride in Montreal's streets

Body of skydiver found in N.B. field

RCMP are investigating the death of a man who went skydiving Saturday afternoon in New Brunswick.

Police said the 34-year-old's body was found in a field off Highway 115 in Notre-Dame, about 30 kilometres north of Moncton. "The skydiver fell to his death," Sgt. Jamie Melanson said yesterday in an interview. "We received a call that there was a body and, for all intents and purposes, it was a skydiving accident."

Police said the man was from Notre-Dame, but did not release his name pending notification of his family. THE CANADIAN PRESS

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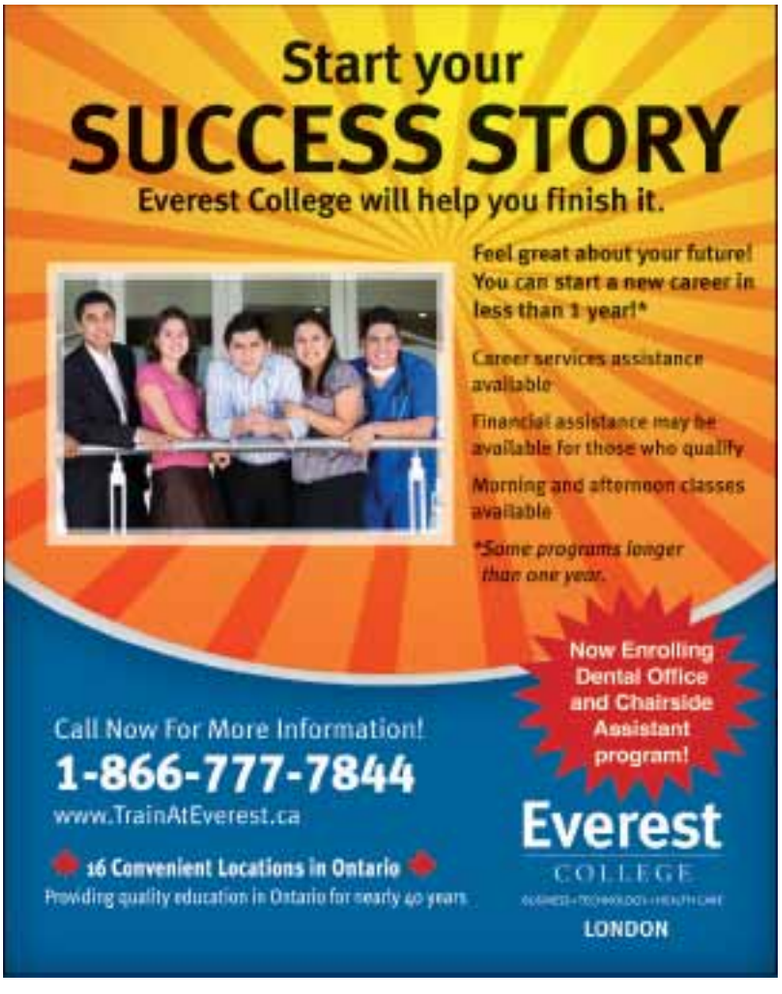
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Ownership claim is 'fraud': Facebook

Lawyers cite 'painstaking forensic analysis' they say proves claimant's contract with founder is fake

PAUL SAKUMA/THE ASSOCIATED PRESS

▶ Mark Zuckerberg

Attorneys for Facebook and its founder, Mark Zuckerberg, say they have found "smoking gun" evidence on a New York man's computer proving he made up his claim that a contract he signed with Zuckerberg in 2003 gives him part ownership of the social network.

Facebook attorney Orin Snyder said Paul Ceglia has not complied with a judge's order to hand over certain electronic documents and that he has improperly classified others as confidential.

"He does not want the public to know what was discovered on his computers because it includes smoking-gun documents that conclusively establish that he fabricated the purported contract and that this entire lawsuit is a fraud and a lie," Snyder wrote.

Ceglia, of Wellsville, N.Y., says he and Zuckerberg met and signed a two-page agreement in the lobby of a Boston hotel on April 28, 2003. Zuckerberg, then a Harvard student, had responded to a help-wanted ad on the Craigslist website for work on a street-mapping database called StreetFax that Ceglia was creating.

According to the lawsuit, the contract shows that Ceglia paid Zuckerberg $1,000 to work on the project and gave him another $1,000 after Zuckerberg told him about his idea to create a kind of online yearbook. Ceglia was to get half of the business if it got off the ground. Ceglia attached a series of email exchanges in which he said he and Zuckerberg discussed the arrangement.

Facebook lawyers have accused Ceglia of altering the original street-mapping agreement to insert references to Facebook and fabricating the emails altogether.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
+ 2.4 (12,542.20)	- 0.24¢ ($100.94¢ US)
Oil	**Natural gas**
- 34¢ ($85.38 US)	1,000 cu ft $4.06 US (- 4.8¢)
	Gold contracts $1,742.60 US (- $8.90)

People. Power

▶ Tang Jun, Dalian city's senior official, second from left on the police van, addresses the crowd protesting the Fuija chemical plant yesterday after Tropical Storm Muifa raised fears of a toxic spill. Dalian is in Liaoning province in northeast China.

KYODO NEWS/THE ASSOCIATED PRESS

Beijing bows to protesters

Authorities in the Chinese port city of Dalian ordered the petrochemical plant shut down after more than 12,000 people demonstrated over pollution concerns, state media said. Despite the apparent success of the protest, censors quickly began deleting references to it on social networking sites, a usual practice to prevent demonstrations from spreading.

8% **On Aug. 5, American Eagle gold coins were selling for about $1,800 US on eBay. The price rose more than eight per cent to $1,952 on Wednesday.**

Gold hot on eBay

The recent stock market turmoil has been a boon for gold sellers on eBay Inc. The website's Bullion Center reports that sales of one-ounce gold American Eagle coins and one-ounce gold Pamp Suisse bars rose steadily from Aug. 5 to Wednesday, before dipping slightly on Thursday.

THE ASSOCIATED PRESS

Fingers crossed for stable markets this week

Investors are hoping for calm on stock markets this week after stomach-churning sessions on North American markets that featured swoops up and down of up to 500 points last week.

"We're into a bottoming-out process," said Colin Cieszynski, market analyst at CMC Markets Canada. "This one has been difficult to find, but we do have markets trying to find a bottom."

The forecast appeared positive at the end of the week as bargain hunters snapped up stocks badly beaten down in a rout that gained momentum three weeks ago on worries about Spain, Italy and France getting caught up in Europe's debt crisis.

There have also been worries that the U.S. economy could slip back into recession. But the final straw seemed to be Standard & Poor's downgrade of the U.S. credit rating as a result of the prolonged negotiations over raising the debt limit.

If markets can find a bottom this week, then investors can concentrate on the next problem: Getting indexes up again.

Meanwhile, worries about Europe seem to be trumping worries about the U.S. economy.

Traders were pleased to see regulators in France, Italy, Spain and Belgium impose bans on short-selling of financial shares last Thursday, a practice that is thought to contribute to market volatility. Greece had already banned short-selling on Monday.

THE CANADIAN PRESS

Rise and fall

- **The Toronto market hit its** lowest point of the year last Monday when a plunge of almost 500 points pushed the TSX down nearly 20 per cent from its recent high in March.
- **But a strong July retail** sales report in the U.S. helped push the TSX up 380 points or 3.12 per cent last week.
- **Across the pond, data on** Friday showed France's economy unexpectedly ground to a halt in the second quarter after a sudden reversal in consumer spending and stagnation of exports. France is already in danger of losing its triple-A credit rating due to its high debt load.

Italian unionist opposes austerity cuts

The leader of Italy's biggest labour union, the CGIL, is threatening a general strike against an austerity package that Prime Minister Silvio Berlusconi's government hastily pushed through to balance the budget by 2013 and avoid financial collapse.

The threat came amid mounting criticism yesterday of the 45.5-billion-euro package passed Friday to meet demands of the European Central Bank.

Critics say the package — a mix of spending cuts, job cuts and tax increases, including a "solidarity tax" for high-earners — will strangle Italy's stagnant economy, which is expected to grow by only about one per cent this year.

Susanna Camusso, the CGIL leader, says it unfairly targets the middle class and fails to tackle Italy's massive tax-evasion problem. THE ASSOCIATED PRESS

Vietnam to admit Canadian livestock

The move comes as Vietnam has formally approved Canadian export health certificates for live cattle, goats and sheep. Vietnam banned imports of Canadian cattle and beef after Canada announced its first case of BSE in May 2003. The estimated value of annual exports to Vietnam is close to $50 million. THE CANADIAN PRESS

THIS AIN'T YOUR AVERAGE SUMMER CAMP

URBAN COMPASS

JILL ELLIS
METRO LONDON

Ah, France in the summer time: The City of Light, Burgundy and bread, romance, culture and … prayer camp?

That's what seven London-area teenagers (aged 15-17) are doing this week. With Rev. Wendy Murray, the teens, who are members of the St. John the Divine Anglican Church in Arva, are flying to Paris and then on to Taizé, in central France, to spend a week praying for and learning about peace. They'll be among 6,000 Christian youth from around the world doing so this week.

The Taizé monastery hosts thousands of international youth each week of the year — numbers are highest in the summer — for weeklong sessions of ecumenical fellowship.

"These students face challenges typical of today's younger generation, and Murray feels that this experience will deepen their faith, allowing them to realize whatever problems they have pale in comparison to what a peaceful world offers their generation."

Murray has organized similar trips for youth groups over the past five years, but this is her first experience leading a group and visiting Taizé herself. While the kids are attending workshops, Murray will be called upon to lead one. She hasn't been given her topic as yet, so she expects that it'll be a learning experience for her as well.

These students face challenges typical of today's younger generation, and Murray feels that this experience will deepen their faith, allowing them to realize whatever problems they have pale in comparison to what a peaceful world offers their generation.

Mercedes Townsend, 17, feels that the three nearly hour-long sessions of daily prayer will be part of her learning experience. "That's all new to me because I go to church on Sundays (only). It'll be interesting to see what's it like praying every day and talking about faith and world peace all the time."

Making new friends and learning about other cultures is a highlight for Adam Shelton, 15. "I'll learn about other people and cultures, about working in a monastery, and that a monk's life isn't all that easy."

Both of them are looking forward to learning more about French culture and seeing the sites of Paris, as the group will spend four days in that dazzling city.

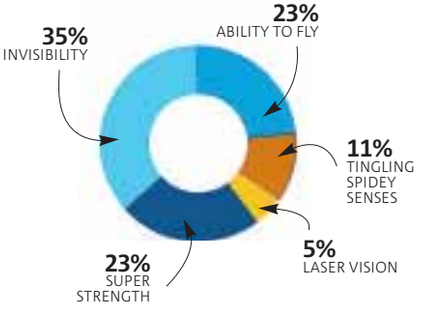
Neither student is worried about language barriers; Murray says Canadians are usually sought out at the monastery by youths from other countries wanting to practise their English skills.

It's been a long four-year haul for the youth group to earn the $2,500 per person it costs to make the journey. They have held myriad fundraisers during that time. The church's congregation has joined the effort. The congregation has been participating in Taizé-style services, as well.

Contact Jill Ellis at londonurbancompass@metronews.ca

Register at metropolitanpanel.ca and take the quick poll

If you could have one super power, what would it be?



Local tweets

- **@__ACP:** #UWO transcripts finally arrive 2 months after ordering and 1 month too late - via Panama, says the sticker.
- **@morganleigh_:** Ohhhh #ldnont. I love you. My bank account considerably less so.
- **@Mel_Sheehan:** Its raining on my 24th birthday in #ldnont well at least its not snowing! #happybirthday
- **@FoodDrunkLondon:** What does #ldnont need to be a better town? I think it needs cute and funky districts, unfortunately wortley doesn't cut it sorry
- **@PaulyDiSanto:** Waiting at via for my train. So sad to be leaving #ldnont
- **@bails85:** Are we in #ldnont? Every light is a red light on this god forsaken road
- **@nicholasmizera:** No internet means missing the bus 100% of the time. On Sunday in #ldnont, that means waiting an extra hour before work. #Whine #wantsttc
- **@COPLondon:** Employment equity should be a priority for all #LDNjobs – and not just on paper. RT if you agree! #ldnont

Worth Mentioning

SMALL TOWN. Small Canadian towns are painfully aware of the existential predicament they face. Few are strangers to the sobering realities of declining and aging populations, young people fleeing to cities, difficulty maintaining infrastructure, and sky-high unemployment.

But residents of some small towns are working to reverse the trend, drawing both on creative ideas and on the good old-fashioned community spirit that tiny towns are known for.

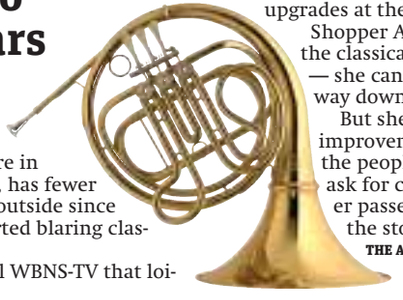
Residents of the small Quebec village of Notre-Dame-de-Ham have begun a citizens' co-operative to start a combined convenience store/gas station/restaurant. So far, they have 97 members who have contributed $35,000. That means nearly one-quarter of the town's 440 overall residents participated.

Bill Reimer, a Concordia University professor, said one small town, Warner, Alta. — population, 383 — managed, with one crumbling arena and a good local coach, to start an all-girls hockey school that has become nationally renowned. "It's all about finding your niche," he said. THE CANADIAN PRESS

Cartoon by Michael de Adder

WEIRD NEWS

Fewer people loitering is music to their ears



Shoppers and employees say a convenience store in Columbus, Ohio, has fewer people hanging outside since the business started blaring classical music.

Customers tell WBNS-TV that loitering has declined quickly outside the United Dairy Farmers location in the Columbus Short North neighbourhood.

Workers, who have also noticed a change, say the new music went on earlier this week as part of upgrades at the store.

Shopper Allie Beck says the classical music is loud — she can hear it all the way down the street.

But she says it's an improvement over all the people who used to ask for change or bother passersby outside the store.

THE ASSOCIATED PRESS

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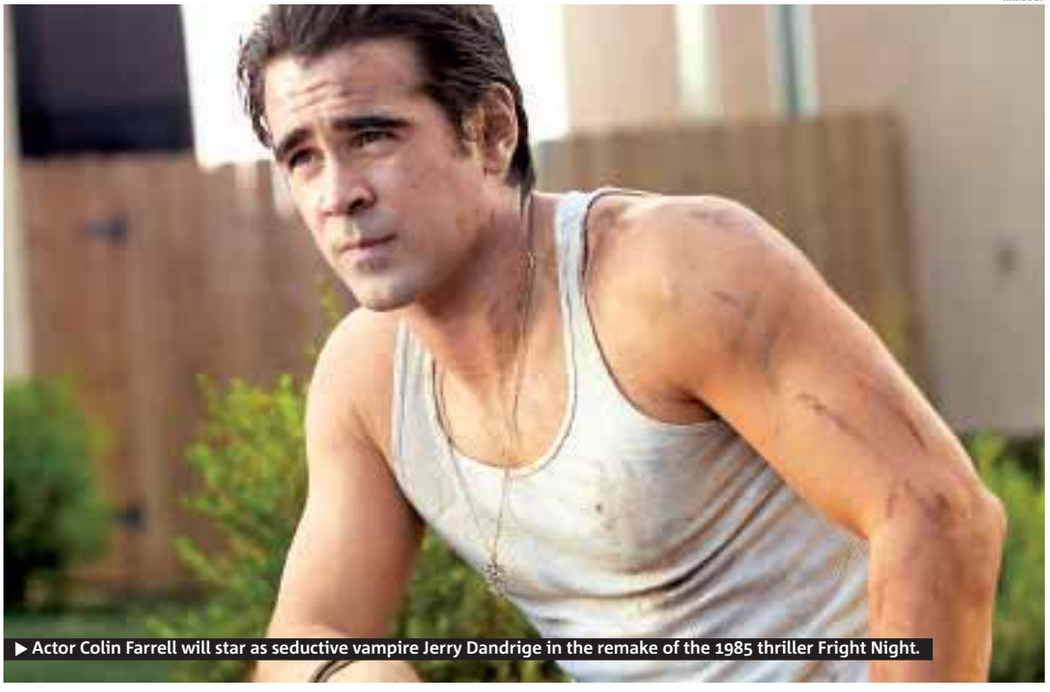
2 scene

A remake with its own beat

Disney's remake of the classic thriller, Fright Night, pays homage to the original while adding own twist to the story Farrell tries to bring his own quirks to vampire character

CHRIS ALEXANDER
SCENE@METRONEWS.CA

HANDOUT



▶ Actor Colin Farrell will star as seductive vampire Jerry Dandrige in the remake of the 1985 thriller Fright Night.

Tom Holland's original, sublimely campy 1985 vampire thriller Fright Night is one of the most beloved horror films of its decade and the concept of a remake was met with sneers from its most ardent admirers.

How could anyone possibly duplicate the smooth, suave, seductive charm of actor Chris Sarandon as murderous suburban vampire Jerry Dandridge? According to Colin Farrell, who inherited the role in Disney's splashy new 3D remount, you can't.

"Chris was just charismatic, elegant, beautiful and dignified," Farell told Metro last weekend in Toronto.

"My guy has more of an emotional disconnect. In essence there was a lot in the first film that I wish I could have played, but this is a different guy, he's more predatory. If you were around my Jerry, it would be perfectly normal but there's just something…not right."

Farrell's sexy blood-sucking beast is the lethal neighbour of average Nevada teen Charlie Brewster (Anton Yelchin), who slowly starts to believe his nerdy pal Ed (Christopher Mintz-Plasse) and his wild tales of the undead roaming their bedroom community.

"… there was a lot in the first film that I wish I could have played, but this is a different guy, he's more predatory."
COLIN FARRELL

After a few close fang shaves, Brewster seeks famous Vegas magician/supernatural authority Peter Vincent (David Tennant) to help him put the stake to Dandridge once and for all.

The film uses the original picture's template as a springboard to forge a gory, funny romp with its own beat, though it often takes the time to wink at fans of the first film, including referencing vampire Dandridge's fondness for fruit.

"I had to get that in," says Farrell of echoing the original's sequences of Dandridge eating apples between killings. "It was just one of those things, a nod to the original. I rolled the apple off table and kind of threw it to myself. As Chris Sarandon said to me, (Dandridge) is a fruit bat. But my version also drinks beer…"

Fright Night 3D opens on Friday.

Box office

Rebellious apes have held off Southern maids for a narrow win at the weekend box office.

Studio estimates Sunday pegged Rise of the Planet of the Apes at $27.5 million, good enough for its second-straight No. 1 finish. The movie forged just ahead of The Help, a drama about Mississippi maids during the civil-rights movement that debuted at No. 2 with $25.5 million.

Three other wide releases opened: Final Destination 5 was No. 3 with $18.4 million; the action comedy 30 Minutes or Less was No. 5 with $13 million; and Glee: The 3D Concert Movie was No. 11 with $5.7 million.

THE ASSOCIATED PRESS

Alec Baldwin to open new season on NBC's 'Saturday Night Live'

The Help drawing mixed reactions

"Despite efforts to market the book and film…, The Help distorts, ignores and trivializes the experiences of black domestic workers. "
PRESS RELEASE, THE ASSOCIATION OF BLACK WOMEN HISTORIANS

DISNEY

▶ Octavia Spencer, right, and Viola Davis are shown in a scene from The Help.

In the United States, where a harrowing history of slavery and segregation casts such a long and painful shadow, the film rendition of the Civil Rights-era novel The Help has sparked controversy just as the book did two years ago.

African-Americans are divided on the story, told by Kathryn Stockett, about a white southern woman in Jackson, Miss., who convinces some black domestic workers to covertly divulge what it's like working for white families amid the frightening events of the Civil Rights movement.

The Association of Black Women Historians has challenged the historical accuracy of the tale, saying it makes light of the struggles of African-American domestic workers during that time period. The group also took issue with Stockett's use of a black dialect, her portrayal of most of the story's black men as cruel or absent, and the scant attention paid to the sexual harassment many black women endured in their employers' homes.

But other African-Americans take issue with that harsh assessment.

Tim Gordon, a black film critic behind the FilmGordon blog, raved about the film on his D.C. radio show earlier this week."My mother really was 'the help' when I was growing up; she worked for a white family," Gordon said. "I thought they did an amazing job with this film."

Regardless of the controversy, the movie debuted at No. 2 in the box office with $25.5 million due to glowing reviews and word-of-mouth buzz.

THE CANADIAN PRESS

ALL PHOTOS GETTY IMAGES

▶ Lindsay Lohan

Lohan meets deadline to start rehab

Tells judge she can't afford a therapist Judge doesn't buy it

Lindsay Lohan has reportedly started therapy for her issues, as ordered by the court — and just in time, as the deadline for the troubled actress to start treatment is later this week, according to E! Online.

During a court appearance last month, Lohan had told the judge she was trying to find the cash to pay for therapy. In response, the judge told Lohan's lawyer that the actress "needs to find an individual therapist that takes a credit card."

METRO

Winehouse letters, tracks, lyrics stolen

In another blow to Amy Winehouse's already upset family, unreleased tracks, lyrics and letters by the late singer have reportedly been stolen from her London home, according to Hollyscoop.

"This is such a sickening shock to the family," the source says.

"The family, record label and management are months away from deciding what to do with any unreleased music. For that to be taken out of their hands is horrible."

Winehouse's father, Mitch Winehouse, is reportedly hoping the issue will resolve itself, though.

"Mitch is willing to give whoever has stolen the items a chance to do the right thing and put them back so it doesn't have to get messy," the source says.

METRO

▶ Amy Winehouse

Quick Dish

▶ Maddox Joli-Pitt

No stardom yet for Maddox

PREMATURE. Rumors about Maddox Jolie-Pitt going into the family business are a bit premature, it turns out. Speculation was sparked last week that the 10-year-old would be making his film debut in Battling Boy, an action movie Brad Pitt's company is producing, but sources tell Just Jared the rumors are simply "not true."

METRO

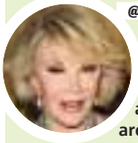
Celebrity tweets

"I'm traveling to cannes and writing music today"
@50cent

@PSchwarzenegger

"Just visited Harvard university. Great college but I'm not adding it to the list. Stanford, USC, Penn, Georgetown are my tops for now."

@justinbieber
"summertime ... saturday... and i got school. sweet"

@Joan_Rivers

"There is NO WAY that Bert and Ernie are gay. They haven't changed their outfits in 25 years."

Arnold has model son

Patrick Schwarzenegger, oldest son of Arnold Schwarzenegger and Maria Shriver, is making a splash with his debut as a model for Hudson Jeans.

The 17-year-old appears shirtless and reclining in a billboard looming over Sunset Boulevard in Hollywood, according to People magazine. The teenager already has his own clothing line, Project360, which raises money for a number of charities.

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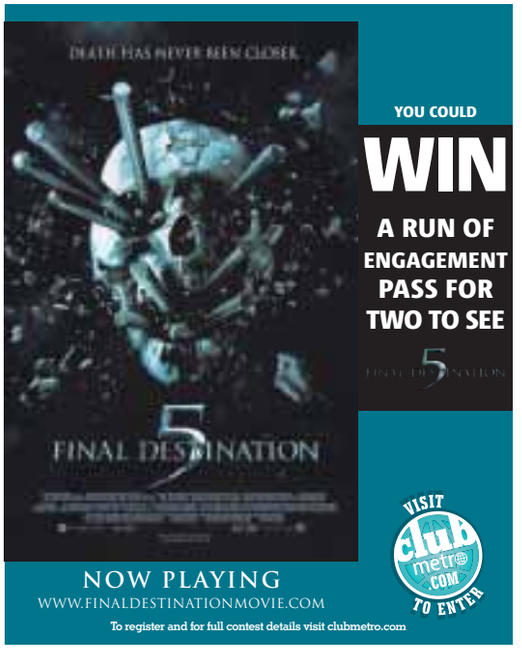
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3 life

From real mom to spy mom

With a three-year-old daughter and a baby on the way, Jessica Alba takes on a kid-friendly role in Spy Kids 4 Conversations with the director led to the development of her character

NED EHRBAR
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METRO WORLD NEWS IN HOLLYWOOD

HANDOUT X

▶ Jessica Alba, a soon-to-be-mother of two, stars in Spy Kids 4. This is her first children's movie.

Robert Rodriguez is known for bouncing between pulpy grown-up flicks like Sin City and kid-friendly fare like the Spy Kids series, but actress Jessica Alba, who stars in Spy Kids 4, had never seen him take on the latter.

"Robert doesn't change and his process doesn't change," she insists. "But there's a lightheartedness on a set where when there's kids around. You're not blowing things up and there's no half-naked girls and machine guns. There's no cursing. It's kids' stuff and toys."

While this is the third time Alba has teamed with Rodriguez, it's the first time they've done something family-friendly together. "I talked to Robert about wanting to do a movie that my daughter could see," she says. "There's a lot of natural comedy in being a first-time parent and just being in day-to-day situations."

Of course, in Spy Kids 4, a day-to-day situation could mean fighting off evil henchmen and car chases while extremely pregnant, which Alba does early in the film. "Walking up stairs is challenging when you're nine months pregnant," she admits. "I think it was really just a great comedic set-piece. Like, what if a woman's going through contractions while trying to save the world? And, of course, a woman's going to try to do it all."

Alba later found out that it was her conversations with Rodriguez that led to much of her character — a professional spy who puts work on hold for her family.

"He said that my character was inspired by just seeing me trying to balance it all — and probably not doing the greatest job at it, but trying at least," she says with a laugh.

One of the ways she and husband Cash Warren try is by making family thtop priority on the weekends.

"When they're done with college, if they want to get into the arts, that's fine. But I wouldn't encourage them to work in this type of environment."
JESSICA ALBA ON DISCOURAGING HER KIDS FROM GETTING INTO SHOW BIZ

"That's when my husband and I make a concerted effort to not e-mail or text and really spend our time with our daughter and just be completely, 100 per cent focused on her," she says. "During the week, it's here and there depending on if I'm busy with meetings or not. It's a little easier now that she's in school. But it's tough, because I do care about my career. But she's my No. 1 priority, so if she's not doing OK, nothing else really matters."

While baby No. 2 is due any day now, Alba is already thinking about what's on her plate next — and it's not necessarily more family fare. "It's not like I want to only do family or kids' movies from now on," she says. "It's just nice to have a movie that my daughter can actually watch. I do miss doing action, and after I have the baby, I'm looking for a good action movie to do."

You need this

Sophie the Giraffe Teether

A recent article in Slate upped the profile of this rubber toy, already a huge seller on Amazon and in its home country of France (where it sold an estimated 816,000 last year). Will your baby care about the hype? "Blursh," said ours between bites on its neck. MWN

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A new study

83%

Of injured infants are hurt by their cribs, either because the crib is unsafe or the child is too big for it, according to a new study by the Center for Injury Research and Policy at Nationwide Children's Hospital in Columbus, Ohio.

Five tips for buying food and household items.

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A pizza for everyone

Kids will be happy that it's pizza; parents will love its veggie-richness

Is there a kid out there who doesn't love pizza? This vegetable-rich Swiss cheese rendition will be a sure hit, especially because it's homemade.

Preparation:

1. Preheat oven to 230 C (450 F).
2. In a frying pan over high heat, melt butter. Sauté mushrooms and garlic until fragrant (do not brown garlic). Add parsley, salt and pepper.
3. Spread the mushrooms on the pizza crust. Top with it rapini or broccoli florets and red onion. Sprinkle with cheese and bake on middle rack of oven for 7 to 10 minutes or until cheese is golden.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients:

- 50 ml (1/4 cup) butter
- 750 ml (3 cups) sliced portobello mushrooms
- 2 cloves garlic, chopped
- 50 ml (1/4 cup) chopped fresh parsley
- 1 precooked pizza crust (40 cm/16 inches in diameter)
- 250 ml (1 cup) rapini or broccoli florets, blanched
- 75 ml (1/3 cup) chopped red onion
- 250 g (8 oz) Swiss cheese, shredded
- Salt and freshly ground pepper, to taste

Rose Reisman's Swap It

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Salad's goat cheese upgrade

Add some goat cheese and a unique vinaigrette for a fresh new take

THE CANADIAN PRESS/FOODLAND ONTARIO

▶ This recipe serves four.

The elegant sour cherry vinaigrette makes a tasty replacement for the ubiquitous raspberry dressing. Meanwhile, the goat cheese adds to the new twist.

Preparation:

1. In a blender, combine oil, vinegar, cherries, mustard, honey, salt and pepper until emulsified. Set aside.
2. With a teaspoon, evenly measure out 12 pieces of goat cheese. Between palms of hand, form into balls. Coat all over with amaretti crumbs. Cover and refrigerate until ready to serve. (Can be made a day ahead.)
3. To serve, place mixed greens on salad plates. Top with goat cheese balls; drizzle with vinaigrette. THE CANADIAN PRESS/ FOODLAND ONTARIO

Ingredients:

- 150 ml (2/3 cup) olive or vegetable oil
- 75 ml (1/3 cup) cider vinegar
- 75 ml (1/3 cup) sour (tart) cherries, pitted
- 30 ml (2 tbsp) grainy Dijon mustard
- 10 ml (2 tsp) liquid honey
- Salt and pepper, to taste
- 125 ml (1/2 cup) goat cheese
- 2 amaretti cookies, finely crumbled
- 1 l (4 cups) mix of baby arugula, baby spinach and Boston lettuce

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Seek sustainable seafood

Half the battle for those looking for eco-friendly options is finding the right label WWF is helping

BEN KNIGHT
GREEN@METRONEWS.CA

For many Canadians, the biggest environmental shock in recent decades came with the collapse of the Atlantic fishery. And while seafood remains plentiful across the country, a lot of consumers still worry they're contributing to making a bad situation worse. A recent World Wildlife Fund-Canada study found that 91 per cent of Canadians feel it is important that their fish, shrimp and lobster come from sustainable, non-overfished stocks. By contrast, only eight per cent felt they had adequate information about where their seafood comes from.

"It's gratifying that the message is out there," says Robert Rangeley, VP Atlantic for WWF-Canada.

"Canadians are concerned."

The good news? Sustainable seafood exists — and availability is on the rise.

"The most basic thing is that we're not overfishing the stock," Rangeley explains. "If you buy cod, haddock or lobster, sustainability means the population of that species can continue to be harvested in the method being used in perpetuity."

ISTOCK PHOTOS

▶ Removing the guesswork when it comes to sustainable seafood is half the battle for those trying to make smart purchases.

Consumers can identify these products with a logo from the Marine Stewardship Council, a stylized blue logo incorporating a checkmark and a fish.

"Part of the problem we're facing right now is availability," he adds. "If you see the MSC logo — that's the blue checkmark — that's pretty clear. Unfortunately, not all packagers put the checkmark on. We're trying to solve this problem to ensure that everything that a consumer buys is verified."

What to look for

Look for this symbol when shopping for sustainable seafood.

MSC and WWF are about to get some high-powered Canadian retail help.

"Loblaw has made a public commitment to only source sustainable seafood by 2013. That will remove a lot of the guesswork for consumers."

Sustainable seafood doesn't come from any one country.

"We still have a long way to go in terms of the health of our oceans — not just in Canada, but around the world," Rangeley notes. "Part of the goal here is to reward best practices. We want to improve the ways our fisheries are managed, and reward best practices through the marketplace."

Slow and steady progress, in other words — with consumers playing a crucial role in ensuring the sustainability of a vital resource.

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He's singing a tune of tenacity

Waleed Abdulhamid never let go of his aspirations and now he's teaching those around him to follow his lead

JEAN-MARIE BARIKAGE

▶ Waleed Abdulhamid is committed to helping young people realize the many opportunities that lay before them.

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

Waleed Abdulhamid is an award-winning music artist, producer and film maker but it is his work as a mentor and teacher with the Young Centre for the Performing Arts that truly makes him special.

When he speaks to youth his message is simple.

"I'm an African immigrant. Don't wait for opportunity because you have to create it. You have to have the guts to not give up on your dream. Go for it."

Born in Sudan, Waleed left home at 18 to tour all the great cities of the world, performing and working with many top name artists.

But his turning point came in 1992 when he came to Canada and made Toronto his home.

"I love this city. We could be a great role model for the rest of the world because we are so diverse. We come from all colours, all cultures and that's what makes Toronto so unique."

Canada has been given a great gift in Waleed Abdulhamid because he is the "music man" of a new generation that speaks from the heart of cultural unity. He is a role model for us all.

High hopes

Do you have a dream? Waleed Abdulhamid suggests:

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▶ skillsforchange.org

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4 sports

Serena rises from the ashes

Tennis star shows she's back in top form after health scares ‘I really wanted to win this event’: Williams

Eight weeks into her comeback, Serena Williams not only believes she can be as good as she once was, she believes she can be better.

The 29-year-old American tennis star made a pretty good point by capturing the Rogers Cup women's title in commanding fashion yesterday, dispatching No. 10-seed Samantha Stosur of Australia 6-4, 6-2 to win her first Canadian crown since 2001.

The victory was just the latest step in a remarkable comeback from injury and illness that has seen her win two of the four tournaments she's played in since being sidelined for 49 weeks.

“Being down the way I've been down and coming back, it was cool. Eight months ago if there was only one tournament I wanted to win, it was Toronto,” said Williams. “For whatever reason, I really wanted to win this event. So seeing it come true is really cool. Just going through so much and being able to win is even more amazing.”

Williams, who has 38 titles to her name including 13 Grand Slams, was sidelined just days after her Wimbledon victory last summer, first with a foot injury she suffered when she stepped on a piece of glass in a restaurant in Germany, and then with blood clots in her lungs.

“I went through a lot of things physically and mentally and emotionally, and going through so much, I'm just taking it one day at a time and just going with it.”
SERENA WILLIAMS

Williams has talked since her return about a change in philosophy, focusing on just having fun. But she was all business yesterday in front of a nearly full Rexall Centre stadium.

The mighty Williams, wearing the emerald green shirt and black skirt she'd been sporting all week, had Stosur on her heels throughout the match with her powerful strokes. She broke the 27-year-old Aussie to go up 5-4 in the opening set with a blistering backhand, and would break her twice more in the second in the one-hour-and-17-minute match, winning in emphatic fashion with her ninth ace of the match.

Williams was unseeded in the Rogers Cup and is ranked 80th in the world as she continues her comeback. She's projected to rise to No. 31 in the next rankings, and will definitely be considered a favourite at the upcoming U.S. Open.

THE CANADIAN PRESS

NATHAN DENETTE/THE CANADIAN PRESS

▶ Serena Williams reacts after defeating Samantha Stosur yesterday.

Quoted

“I might look back in 10 or 15 years and be disappointed if I never get another chance.”
PGA GOLFER JASON DUFNER, WHO BLEW A FIVE-STROKE LEAD OVER KEEGAN BRADLEY AT THE PGA CHAMPIONSHIP YESTERDAY. BRADLEY WENT ON TO WIN THE CHAMPINOSHIP IN A THREE-HOLE PLAYOFF.

Djokovic's reign continues

Novak Djokovic won his second men's Rogers Cup title in Montreal yesterday.

- The world's top-ranked player posted a hard-fought 6-2, 3-6, 6-4 victory over sixth-seeded American Mardy Fish.
- The outcome was a popular one before a mostly pro-Djokovic full house on centre court at Uniprix Stadium.
- It was Djokovic's ninth tournament victory of the year and a record fifth win in one season at an ATP Masters 1,000 event.
- The Wimbledon champion improved his record this year to 53-1, including a perfect 29-0 on hard courts.

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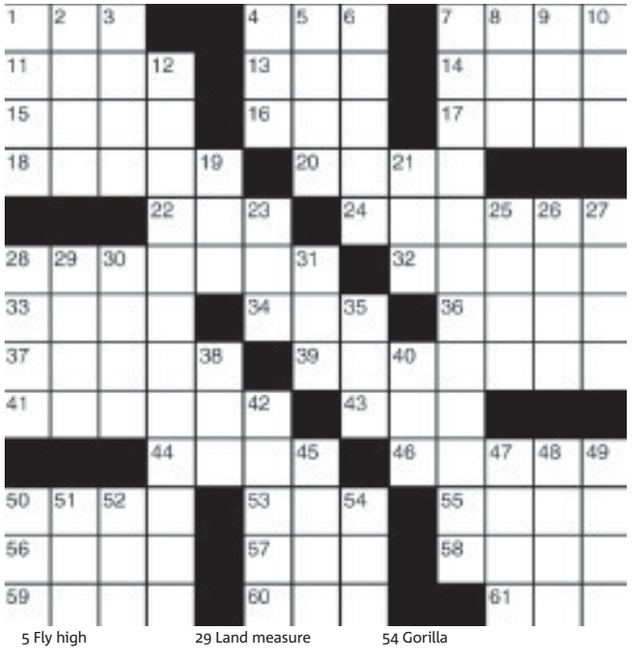
Crossword



Across

1 Small pellets
4 Cigar residue
7 Soft-drink flavor
11 Secular
13 Sticky stuff
14 Mountain goat
15 Norway's capital
16 Erstwhile acorn
17 Buster Brown's dog
18 Grave robber
20 Red gemstone
22 Pinch
24 Round peg in a square hole
28 3/4 time dances
32 Coast
33 Bakery employee
34 — Mahal
36 Capri is one
37 Cafeteria carriers
39 Mends old jeans, maybe
41 Old Toyota model
43 Stir-fry pan
44 Cambodia neighbor
46 It makes dough rise
50 God, in Grenoble
53 "CSI" evidence
55 Ancient letter
56 Bedouin
57 Republicans
58 Ollie's pal
59 New York ball club
60 Female sheep
61 Choose

Down

1 Online journal
2 Wild party
3 Missile shelter
4 Past
5 Fly high
6 Nonsense
7 1991 movie for which Jack Palance earned an Oscar
8 Japanese sash
9 Lower limb
10 Hatchet
12 Golfers' meccas
19 Taylor or Claiborne
21 Huge
23 Favorite
25 Tuna or carp
26 Not busy
27 Ball holders
28 Skater Katarina
29 Land measure
30 Shakespearean king
31 Tree fluid
35 Mandible
38 Vast expanse
40 Plaything
42 Skiers' hotel
45 Winter forecast
47 Car
48 Break suddenly
49 Campsite shelter
50 Beaver's construction
51 Anger
52 Dine on
54 Gorilla

▶ Yesterday's answer

Sudoku

					3		2	6
2	6							
					2	3		5
6	5			7	1		9	
	4						5	
	9		8	6			4	1
7		5	9					
							6	7
9	8		3					

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

6	8	3	9	2	4	7	1	5
9	1	2	6	7	5	8	4	3
5	7	4	3	8	1	9	2	6
1	5	8	2	6	3	4	7	9
2	4	6	1	9	7	3	5	8
7	3	9	5	4	8	1	6	2
8	2	7	4	3	6	5	9	1
4	9	1	8	5	2	6	3	7
3	6	5	7	1	9	2	8	4

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

AMR
I love you. You are the best that ever happened to me, you make me complete. I miss you terribly and can't wait to come back in your arms because only then I will know that everything is all right. You are my one true love and I feel so grateful that I have you in my life... you who accept my flaws and love me the way I am. Sweetheart, I love you. I miss you. Happy birthday! **FROM AER**

young blond haired boy in a blue mini van
to the young blond haired boy in the blue van at Hasty Mart store Sarnia and Wonderland, thank you for making my DAY,HECK YOOU MADE THIS LADIES YEAR!!!! to his parents you have raised a very respectful and polite young man thank you!!!!
FROM BEAUTIFUL LADY

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Speak your mind today and if others don't like what you have to say that's too bad.

♉ Taurus April 21-May 21 This is not an easy time of year for you but, as always, you will rise to the challenges that come your way.

♊ Gemini May 22-June 21 You will be at your imperious best as the new weeks begins.

♋ Cancer June 22-July 22 Don't commit yourself to anything that cannot be changed at a moment's notice.

♌ Leo July 23-Aug.23 No matter what problems or difficulties you may encounter over the next few days you will deal with them all with ease.

♍ Virgo Aug. 24- Sept. 22 You will certainly make an impression today but will it be the right sort?

♎ Libra Sept. 23-Oct. 23 Most people you deal with today will give you what you desire without having to be asked twice.

♏ Scorpio Oct. 24-Nov. 22 A door that has been closed to you in the past is at last starting to open but for some reason you seem reluctant to pass through.

♐ Sagittarius Nov. 23-Dec. 21 Stay calm and don't get carried away with your own success.

♑ Capricorn Dec. 22-Jan. 20 If your attitude is right you'll do a wonderfully good job.

♒ Aquarius Jan. 21-Feb. 18 Is what you are doing with your life what you want to be doing a year from now?

♓ Pisces Feb. 19-March 20. Break out of the rut you are in and learn to enjoy living close to the edge. **SALLY BROMPTON**

Caption contest

KOJI SASAHARA/ THE ASSOCIATED PRESS

AIJAZ RAHI/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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Traveller's spirit and Scotiabank support help Shanghai native start Canadian journey

As the operator of a Shanghai travel agency, Yuxiang Zhang had a love of travel that he put to the test when he decided to move to Canada. But when he faced worries about this colossal trip, he discovered how Scotiabank's multinational team and services can provide a smooth landing.

Mr. Zhang's personal journey began after he visited Becky, his only daughter, who had immigrated to Canada in 1999. Seeing how she was enjoying her life in a friendly, multicultural country, he decided to become a family class immigrant.

"I was excited to join my daughter, but I was also unsure about the details, such as how would I move forward without speaking English?" says Mr. Zhang, who also wondered about practical issues such as the process to transfer money to a Canadian bank.

Fortunately, Becky convinced him to attend an immigration seminar in Shanghai, hosted by Scotiabank and The Cross-Cultural Community Services Association, where Bank officials answered every question, ranging from the Canadian job market to government services. He also learned about the ***Scotiabank StartRight***® Program[1] for Newcomers, which includes a free day-to-day bank account for one year[2], a wide range of VISA* card options[3] and a number of other customized services and benefits.

"Before the seminar, I was very worried, but afterwards I felt relieved, and it gave me the courage to move forward," recounts Mr. Zhang, who arranged for his Canadian and U.S. dollar bank accounts with Scotiabank, and applied for a credit card, while still in Shanghai, through the Bank's partnership with China Everbright Bank.

After landing in Toronto in late 2009, Mr. Zhang went alone to the Scotiabank branch at the Steeles & Silverstar location to activate his accounts. Speaking only Mandarin and Russian, he wasn't sure how things would go. Luckily, he was greeted by Isa Ho, Branch Manager, and her multilingual staff. "Surprisingly, it went well, and my accounts and debit card were ready, and my VISA* card came within a week," marvels Mr. Zhang.

Isa, a Canadian immigrant who speaks both Cantonese and Mandarin, is well prepared to serve newcomers. She often calls them long distance before they move, to help them prepare. "I tell them about banking options and what are the best schools for their kids," says Isa, a 31-year veteran of Scotiabank, who still remembers seeing donuts for the first time when she arrived. "When they get here, we answer their questions about Canadian customs, and explain about banking in Canada. Also, since many newcomers want to buy a home, we educate them on Canadian mortgages and how to avoid credit mistakes."

Today, Mr. Zhang is enjoying life in Canada, studying English and preparing to start a tour business for both Chinese and Canadian travellers. During an upcoming visit to China, he will tell others about the opportunities in Canada and "the friendly, open and trustworthy service I experience at Scotiabank."

That's good news for Isa Ho who teaches her Scotiabank team to "Welcome every newcomer with a smile, speak their language, and serve them with our hearts."

THIS ADVERTORIAL IS PREPARED BY SCOTIABANK.

With the support of Scotiabank's Isa Ho, Mr. Yuxiang Zhang is discovering a world of opportunities in Canada.

Amrit Dhawan
Scotia advisor

"Amrit helped open the door to my credit history in Canada."

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